PACE Guide Sheet

To Help You Prepare for Your Doctor Visits (See page 27 for an example of how to complete your PACE sheet before your next appt.)

American Heart Association | American Stroke Association
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Your Name: _____ **Doctor:** _____

Appointment date: _____ **Time:** _____

Remember:

- ✓ Bring a list of all your medicines, including over-the-counter medicines, vitamins and herbs.
- ✓ Ask for a copy of test results or reports about procedures (such as ECG).

Reason(s) for the appointment:	Questions about your condition:
	Questions about your tests or procedures:
Describe your symptoms and concerns:	
	Questions about your medicines:
What you hope can be done to help you:	Questions about other treatments:

During the visit, clarify what you hear:

- ✓ If you don't understand something, ask the doctor to explain.
- ✓ Repeat the doctor's instructions using your own words.
- ✓ At the end of the visit, review what you and the doctor agreed upon.

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